



# SLU 201 Basic Information

## What to Bring:

Bible	Sunscreen
Clothes	Umbrella or plastic poncho
Personal hygiene items	Camera
Money – should you want to bring extra spending money for snacks, souvenirs, etc.	
Sweatshirt	

## How to Prepare for my SLU Experience:

First of all, you can decide that you are going to get the most you can out of the experience by fully engaging in the sessions and training. We also encourage you to pray about what the Lord is going to teach you while you are at SLU and how He wants to use you to impact the world. READ as much as you can...the Bible, leadership material, newspapers, etc. For a suggested reading list, visit our website.

## Group vs. Singles:

A single is any student who comes without an adult. A single also must be 16 years or older. A group is any number of students with at least one adult. (For example: one student and one adult, or 20 students and one adult).

## Phone Home:

To call home directly from the hotel, you must have a cell phone, calling card or use the pay phones throughout the lobby. Phones in your room will not be available for outgoing calls.

## Student Dress Guidelines:

Due to the nature of the week and the opportunities that the students will have during the week, it is important that the students dress appropriately. No tank tops, spaghetti-strap style shirts, halter tops, bare midriff shirts or T-shirts with questionable slogans. Please note that meeting rooms are typically cold which is why we suggest you bring a sweatshirt. All shorts, skirts and dresses must be of a modest length. Also, comfortable shoes should be worn while we are out touring in Washington. We will be doing a lot of walking, and your feet will thank you later for choosing comfort over style. Finally, it is generally very hot and sometimes rainy in Washington during this time of the year so cool, breathable clothing, a rain poncho, and a backpack to carry water while touring is a good idea.

- **Day 1:** Dressy Casual – dress pants and polo style shirts for men and dress pants, dressy capris, skirts, or casual dresses for the ladies
- **Day 2:** In the morning, business professional - coat and tie for the men and dresses, skirts, dress pants or suits for the ladies. In the evening, nice casual clothes for both men and ladies (shorts/capris/slacks and comfortable shoes)
- **Day 3:** During the day and evening, dressy casual for both men and ladies (see day 1)
- **Day 4:** During the day, dressy casual for both men and ladies. At night, evening attire for both men and ladies (this is your chance to dress up ...but no spaghetti straps or strapless tops/dresses or prom dresses)
- **Day 5:** Nice casual clothes for both men and ladies

**No jeans (including jean skirts/capris/etc.) are allowed while in Washington except for the night of Day 2 and Day 5.**

**Please note:** While the clothing items needed by the students should not change, the day they are worn may change. Remember, please dress very modestly. If any of our SLU staff has a problem with what you are wearing, you will be asked to change.

### **Medical Release Form:**

Group leaders must bring a medical release form for any minors attending without a parent/guardian. Any student attending without a chaperone must bring a completed SLU Medical Release Form (available on your online account) to turn in at registration.

### **Travel:**

There are three different airports that you may choose to fly into that service the DC Metro area: Reagan/ National, Baltimore, and Dulles. Please contact the hotel directly of the SLU 201 program you plan on attending to get information on how to get to and from the airport to the hotel. Parking is free for cars. You should plan on parking your car and not using it until the last SLU session is completed. If you are traveling with a van or bus, you will need to make separate arrangements for your vehicle. Please call the hotel directly to make arrangements.

### **Rooming:**

All rooms are QUAD occupancy. If you are a single, SLU will place you in a room with other singles. **All rooms have two double beds and there are no rollaway beds available.** There will be an additional charge for rooms with less than four people in the room. Rooms may not be co-ed unless members of the same family. A student under 18 may not room alone. Rooms will not be available before 3:00 pm.

### **Hotel Information:**

**July 8-12, 2008 SLU 201**  
Sheraton Premiere at Tysons Corner  
8661 Leesburg Pike  
Vienna, VA 22182  
(703) 448-1234  
[www.sheraton.com](http://www.sheraton.com)

**July 14-18, 2008 SLU 201**  
Marriott Fairview Park  
3111 Fairview Park Drive  
Falls Church, VA 22042  
(703) 849-9400  
[www.marriott.com](http://www.marriott.com)

***Registration begins at 3:00 pm. Please check-in at the SLU registration desk, not the hotel front desk.***